



The Path of the True Way

Mahvar Tarendra

The Path of the True Way

by Mahvar Tarendra

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Part 1

What is the path of the True Way?

Not worshipping a multitude of gods,

Not falling down in worship to idols and men,

Not speaking untruthfully of others,

Not disrespecting your elders,

Not bringing false judgement against your teacher,

Not giving your self over to reckless abandonment,

Not ignoring the practice of the
Blessed Virtues and Precepts,

Not giving in to negative influences of others,

Not judging others.

This, my brothers and sisters, is the practice of the Supreme Way of the Father of Greatness and the Eternal Mother. Walk upon this path of the True Way in faithfulness and you will realise true happiness and liberation from the chains of darkness and confusion.

Part 2

What is the path of the True Way?

Not neglecting the needs of the body,

Not giving in to unnecessary desires of the body,

Not neglecting the needs of the mind,

Not giving in to unnecessary desires of the mind,

Not neglecting the need to work with the hands,

Not giving in to slothfulness of your hands.

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Part 3

What is the path of the True Way?

Not walking and speaking with pride,

Not thinking of others as being smaller than you,

Not boasting of your own works,

Not giving alms in view of others praising you,

Not claiming your beliefs as the only way to reach God,

Not speaking over others to get your point across.

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Part 4

What is the path of the True Way?

Worship the One Supreme God,
the Lord of Heaven.

Do not worship idols and men.

Speak truthfully of others, even if they are
your enemies.

Cultivate respect and loving kindness
toward your elders.

Be ready to defend your teacher.

Walk with dignity and decorum,
with respect for yourself and others.

Practice the Blessed Virtues and Precepts.

Raise up your head in the face of opposition
and negativity.

Speak kindly of others, and try to find goodness
in all that you meet.

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Part 5

What is the path of the True Way?

Do not mistreat your body in any way.

Do not practice gluttony.

Practice meditation, study and read wholesome texts
to feed your mind.

Do not give in to unhealthy desires.

Always be busy in spiritual work, and works of loving-
kindness for others.

Never give in to laziness, but labour with your hands
to make a living.

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faithfulness and you will realise true happiness and
liberation from the chains of darkness and confusion.

Part 6

What is the path of the True Way?

Always walk with a spirit of humility.

Put the needs of others before those of your own.

Show humility in doing good for others; give God thanks for your talents.

Give alms and charity without making it known to others who you are.

Accept that fact that while in the mortal shell, you are prone to all sorts of mistakes.

Speak gently and with a calm spirit.

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Part 7

What is the path of the True Way?

You shall believe that:

There is only one God, the Lord of Heaven,
who is the Father of Greatness.

There is only one Mother, the Divine Mother,
the Eternal Mother of Heaven.

There is only one Divine Master,
the Supreme Master, the Son of Heaven.

There is only one True Path, the Religion of Light,
which was sent from the Lord of Heaven.

There is only one Book of True Teaching, the Book
of Truth, which was sent from the Lord of Heaven.

There is only one Teacher of Light, the Teacher of the
Religion of Light, who sent from the Lord of Heaven.

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faithfulness and you will realise true happiness and
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Part 8

What is the path of the True Way?

You shall believe that:

The children of the Eternal Mother resided in heaven, until they came to earth and became trapped in a world of matter and darkness.

The Eternal Mother of Heaven sent out a call to her children, and those that hear the voice, begin learning the process of liberation.

The Eternal Mother brings the Message of Light to her children, through the Teacher of the Religion of Light and those he appoints.

The children of Light can return to the Eternal Mother in heaven, by practising the Twelve Virtues and the Blessed Precepts of the Religion of Light.

The Divine Mother will guide each of her children, one by one, in the way that she knows is best, for their eventual return to the Land of Eternal Light.

The Father of Greatness and the Eternal Mother, have appointed holy ones, who have gone before you in death, to assist you in your walk in the Supreme Way.

This, my brothers and sisters, is the practice of the Supreme Way of the Father of Greatness and the Eternal Mother. Walk upon this path of the True Way in faithfulness and you will realise true happiness and liberation from the chains of darkness and confusion.

Words of Wisdom from Mir Garendra

Doubts and unhealthy scepticism will always be the downfall of any person attempting to enter into the holy gates of the Religion of Light, and for those who have already entered, it will become a wall barring them from progressing in the Light. Holding on to doubt, negative thoughts and always being cynical, are doorways to the darkness.



God always provides His people with guidance at all times, regardless of how small or great our inquiries or issues may be. He is faithful and provides His Spirit of holiness to all of His obedient children for instruction and edification.



Do not despair in your loneliness. God and His Divine Messengers are always with you.



Prayer, while it is a simple act, is no casual communication between you and God. Truly, it is a gift from the Heavens which allows you to speak directly with the Father. Each day when you go before the altar to worship God, you should have the attitude that it is the last day you will have the ability to make an offering or to pray.

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